

Access to AEDs During Emergencies

The Emergency Action Plan, or EAP, must include access to emergency and lifesaving equipment such as an AED. If a facility only has one AED, it should be centrally located so that it can be brought to the site of sudden cardiac arrest through activation of the EAP. All medical and support staff should know the location of the AED. Consideration should be given to the most populated areas and proximity to athletic facilities. For large schools or complexes with distant or multiple athletic facilities, multiple AEDs might be recommended.

The AED should be:

- highly visible
- located near a telephone or other means of activating the EAP
- easily accessible during all hours the facility is open, including any sponsored event after usual working hours
- secured but not placed in a locked box, cabinet, or room that is inaccessible at the time of the emergency
- routinely maintained and tested (with documentation) according to the manufacturer's directions
- checked for equipment readiness by onsite event personnel for each athletic event
- distributed to medical staff during athletic events



A response time of less than 3 minutes from collapse to delivery of electrical rescue shock is ideal. This response time includes the time it takes to do the following:

- recognize an emergency
- notify designated responders
- access the AED
- reach the victim
- apply the electrodes
- deliver the first shock

Sports Medicine

5623 Pulpit Peak View
Colorado Springs, CO 80918

socoathletictrainers@uchealth.org

uchealth.org

uchealth