



Community Care

Zone Report

**2nd Quarter
2022-2023**

**Prepared By:
D49 Community
Care Team**

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District Updates



VERBAL DE-ESCALATION TRAINING SITE-BASED OPPORTUNITY!

Our Verbal De-Escalation Training has been in such high demand that we have worked with our D49 Administrators to offer a new opportunity for schools. We are looking for staff who are passionate about supporting student behaviors and want to deep dive into learning material and mentoring other teachers... Check out Aha! for links to sign up!

DE-ESCALATION MENTOR TRAINING

NEWLY TRAINED DE-ESCALATION MENTORS, PLEASE JOIN US!

District De-Escalation Trainers will be providing the following opportunities during 2nd semester to help support facilitating Verbal De-Escalation professional development opportunities to each building.

Opportunity 1- Verbal De-Escalation Mentor: Preparing Professional Development for Building Staff

Opportunity 2- Verbal De-Escalation Mentor: Deep Dive into Anxiety Level Behaviors

Opportunity 3- Verbal De-Escalation Mentor: Deep Dive into Defensive Level Behaviors

Opportunity 4- Verbal De-Escalation Mentor: Deep Dive into Tension Reduction & Therapeutic Rapport

Outcome: Site-based De-Escalation Mentors will be equipped to provide ongoing professional learning opportunities, such as refreshers, PLC “deep dives” into specific situations that have occurred within their schools and will help support staff in site-based de-escalation efforts when students become dysregulated.





D49 District Updates

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When: January 27th, 2023 8AM-12PM

Where: VRHS 6888 Black Forest Rd., Colo Spgs, CO 80923

AHA Registration link --> <https://tinyurl.com/2223WellnessSummit>

This year's Wellness Summit will feature breakout sessions addressing Verbal De-escalation, Youth Mental Health First Aid, Restorative Practices, and specific training for P.E. educators, along with a prize raffle!

This training aligns to **CDE's Behavioral Health Renewal Requirement**



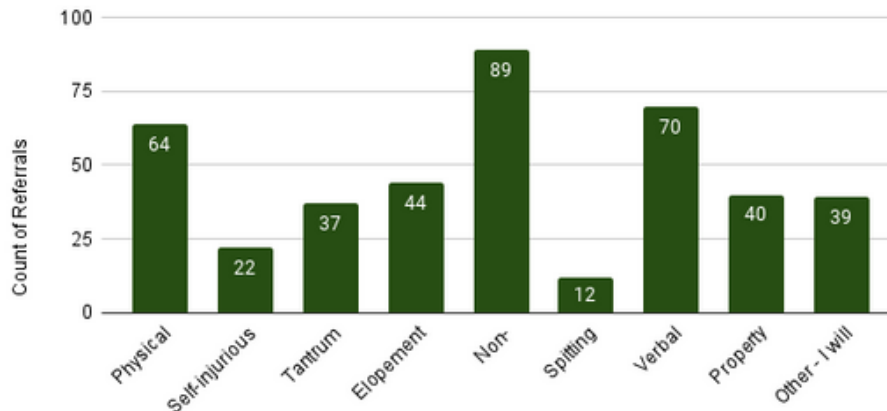
03

DBA Referral Data

2ND QUARTER

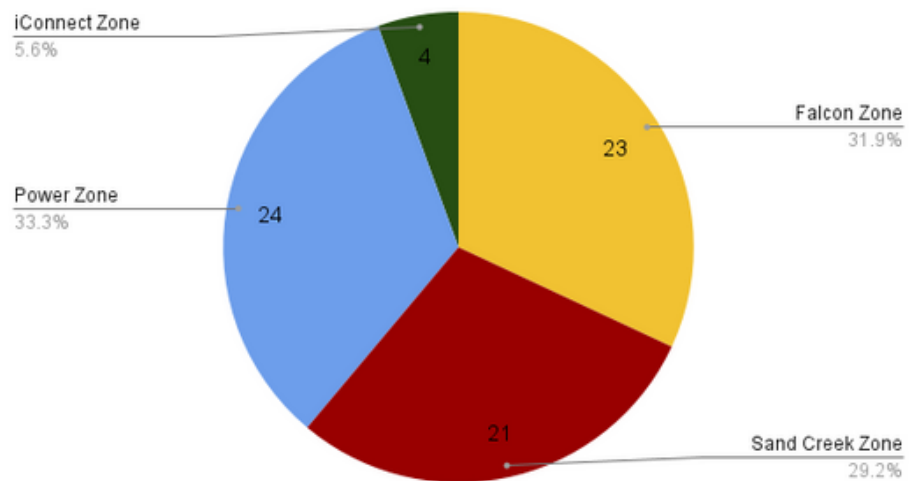


Behaviors Supported Through Referrals



Topography of Behavior

DBA Referrals By Zone

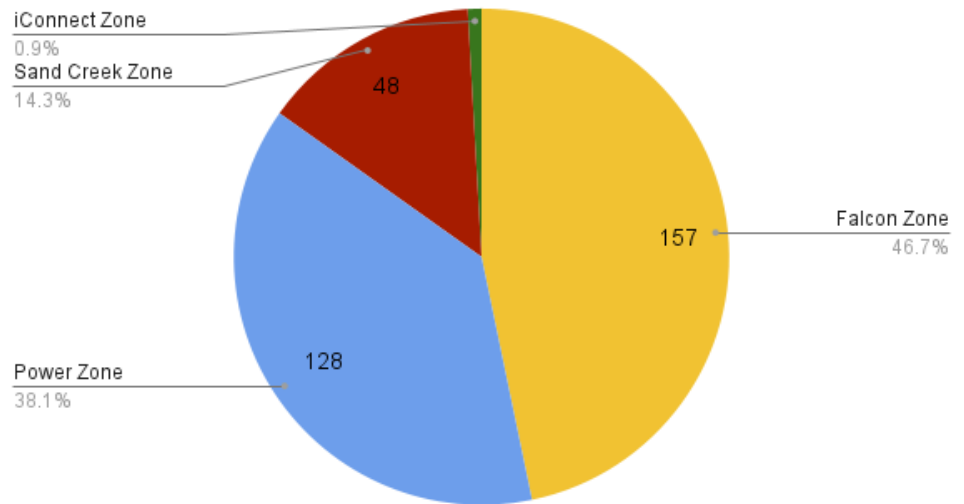


CEA Referral Data

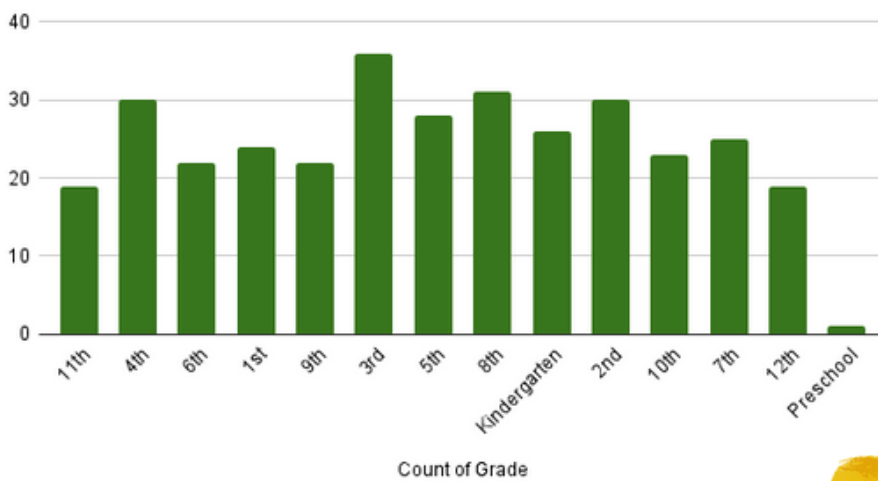
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CEA Referrals By Zone



Count of CEA Referrals By Grade Level



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Community Care Team News



Welcome, Lea Holland!

BRIGHT Community Engagement Manager

Lea Holland is a School District 49 graduate, employee and parent, and she could not be more thrilled to be a part of her hometown district. Her passion is training and building relationships, which helps broaden her own knowledge and maximize resources that may support current needs.

Lea started her work in D49 with DoDEA grants as the Project Manager for BRIGHT (Building Restorative Interventions Growing Honorable Traditions) awarded in 2016.

This project brought restorative practices into D49, as well as a Military Student Transition Consultant, which addressed behavior interventions and helped ease the growing pains of the school counselor shortage that many campuses felt. In 2020, after D49 received funding for Mission DNA, which supports a growth mindset in students and teachers in the area of mathematics, Lea transitioned to the Project Manager for the new initiative.

She has now returned to her love of teaching and supporting restorative practices in D49, and will also serve our military-connected students and families, in the newly created BRIGHT Community Engagement Manager role.

While her husband served in the USMC state-side and abroad, Lea had the opportunity to work with various military organizations, and local and international businesses, which gives her personal and professional insight into the military family dynamic.

Lea holds a Master of Business Administration degree, as well as a Master of Arts in Education, with a concentration in Adult Education and Training.

Train with Lea! **Restorative Practices** **Training Summitt**

Wednesday, October 12, 2022

8:00am- 4:00pm

Sand Creek High School

Contact Lea Holland: lholland@d49.org

Welcome, Jamie Zaves!

Board Certified Behavior Analyst (BCBA)/District Behavior Analyst

Jamie Zaves

Jamie started her career in ABA 20 years ago while completing her undergraduate degree at the University of Wisconsin-Green Bay.

After graduating from UWGB, Jamie continued to work in clinical settings with children on the autism spectrum, as well as in the classroom as a special education teacher. She earned her master's degree from Arizona State University in Curriculum and Instruction with an Applied Behavior Analysis. Jamie had the opportunity to complete her BCBA coursework at Florida Institute of Technology while working with students on the Autism Spectrum.

Jamie is excited to share her knowledge of student behaviors and teach others how to support D49 students using ABA principles.



Contact Jamie Zaves: jzaves@d49.org



Trainings 06

2022-2023 QPR Trainings

- 01/13 room 122
- 02/10 room 212
- 03/10 room 212
- 04/14 room 212
- 05/12 room 122

All QPR trainings will be held at Creekside Success Center!

TRAININGS AVAILABLE

- ABC Data Collection
- Antecedent Strategies
- Applied Behavior Analysis
- Behavior 101
- Behavior Teaching Strategies
- BIPs & Escalation Cycle Management Plans
- Building Relationships
- Class-wide Reinforcement Systems
- Classroom Management Strategies
- Contracts (Student)
- Counselor Behavior Training
- Data Collection
- Discrete Trial Training (DTT), Errorless Learning, & Reinforcement
- Early Childhood Behavior Training
- Functions of Behavior/Functional Behavior Assessments
- Group Contingencies
- Guest Teacher Behavior Training
- Paraprofessional Behavior Training
- QPR Suicide Prevention
- Reinforcement & Punishment
- Social Stories
- Teaching Replacement Behaviors
- Token Boards
- Visual Schedules
- K-2 Behavior Interventions
- 3-5th Grade Behavior Interventions
- Secondary Behavior Interventions
- Secondary Absenteeism & Truancy
- Verbal De-escalation Strategies

We would be happy to put together a specific training based on your needs!

**IF YOU WOULD LIKE TO GET A
TRAINING ON THE CALENDAR
FOR THIS SCHOOL YEAR,
PLEASE FILL OUT OUR TRAINING
REQUEST FORM!**

<https://forms.gle/hXkaDVf4DxjCehBa6>



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Behavior Resources



6 Ways to Maximize Direct Instruction Time

Minimizing misbehavior is vital to making the most of your classroom time, but sometimes it needs to be addressed in a constructive way to help a student move forward successfully. Keep these strategies in mind when planning for all scenarios—best- and worse-case.

1. Understand Your Students

Nurture individual relationships with trust and understanding. Make sure your nonverbal and paraverbal communication matches your message; walk your talk.

2. Don't Take Disrespect Personally

You can't control what other people do, but you can control how you respond to disruptive or challenging behaviors. Use a calm, empathic tone to entice the same behavior from students.

3. Set Limits Effectively

Keep your guidelines simple, clear, and positive. Post them prominently to emphasize their importance.

4. Stick to a Schedule

Model timeliness and productivity by staying organized. As you lead by example, this empowers students to make the best use of their time in the classroom.

5. Learn to Spot Precipitating Factors

Learning the causes of challenging behaviors—and how to interpret those behaviors correctly—can help you proactively address these triggers and prevent disruptions and power struggles.

6. Use Your Physical Presence Thoughtfully

Your body language can have a powerful effect on a student who's being disruptive. Move mindfully and use your physical presence to take a supportive stance. ■

Community Resources

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University of Colorado **Anschutz Medical Campus**

We're back for the 22-23 School Year!

www.coloradoeducatorsupport.com

**Teacher/Educator
Mental Health and
Support Services**



**Group Sessions and Workshops
Individual Support Sessions
Online Self-Paced Program
Well-Being Support Line (303-724-2500 call/text)**

The Educator Support Program is a free service for all
Colorado educators and school employees.
Professional Development and Graduate Credits Available

Visit **www.coloradoeducatorsupport.com** or call 303-724-2500 for more information



BRAIN HEALTH for all, for life.

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Community Care Team

COMMUNITY ENGAGEMENT ADVOCATES (CEA)

Jacki Ballou, Falcon Zone

- Phone: (719) 290-5857
- Email: jballou@d49.org

Sarah Rieves, Sand Creek Zone

- Phone: (719) 213-1681
- Email: srieves@d49.org

Lindsay Cohen, Power Zone

- Phone: (719) 499-6044
- Email: lcohen@d49.org



BRIGHT COMMUNITY ENGAGEMENT MANAGER

Lea Holland

- Phone: (719) 495-1149 x1019
- Email: lholland@d49.org

DISTRICT BEHAVIOR ANALYST TEAM

District Behavior Analysts

Gretchen Smith Vazquez
Phone: (303) 362-3827
Email: gvazquez@d49.org

Amber Brown
Phone: (616) 485-3864
Email: arbrown@d49.org

Jamie Zaves
Phone: (920) 750-4347
Email: jzaves@d49.org

Ashlee Thorpe
Phone: (864) 320-2507
Email: apape@d49.org

Behavior Support Technicians

Nancy Aziz
Brandi Pry

COORDINATOR OF COMMUNITY CARE

Jason White
Phone: (719) 235-2997
Email: jwhite@d49.org