

## Orthopedic Surgery in Colorado Springs

Dr. Hanna Mendez is fellowship trained in both Orthopedic Surgery Sports Medicine AND Pediatric Orthopedic Surgery. This unique training provides Dr. Mendez the ability to treat adolescent and adult sports-related injuries involving the shoulder, hip, and knee. Her dual fellowship training delivers a detailed understanding of how to appropriately treat developing and adult patients. Dr Mendez is approved to see hip patients 13 and up and shoulder/knee patients 15 and up.

### Conditions treated:

- Hip arthroscopy
- Hip Labral repair/reconstruction
- Femoroacetabular impingement (FAI)
- Shoulder arthroscopy
- Shoulder Labral repair/Bankart reconstruction
- Rotator cuff repair
- Gluteal tendon repair
- Hamstring tendon repair
- Knee arthroscopy
- Knee ligament reconstruction
- ACL reconstruction
- Meniscus repair
- MPFL reconstruction for patellar instability

### Referrals:

#### External Referrals:

Fax to 719-364-0022

#### EPIC Referrals:

Refer to department: REF- 62 AMBULATORY REFERRAL TO ORTHOPEDIC SURGERY

#### UCHealth Grandview Medical Center

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**Hanna Mendez, MD**  
Orthopedic Surgeon  
Sports Medicine

Dr. Mendez believes it is important to understand a patient's interests and goals in order to effectively treat their injury or concern. She aims to get to know patients and what they want to gain from treatment prior to deciding on a plan. She values informed decision making and discusses all treatment options (surgical and non-surgical if applicable) in order to allow patients to choose the best option for them.