

# **FMS ATHLETIC PROGRAM'S MISSION**

At Falcon Middle School, our mission is to inspire and empower students through the transformative power of sports. We are committed to providing a safe and inclusive environment where every student has the opportunity to discover their athletic potential, develop essential life skills, foster a lifelong love for physical activity, and succeed within academics.

Our program is dedicated to promoting the values of teamwork, discipline, sportsmanship, and perseverance. We strive to instill a strong work ethic, self-confidence, and a sense of responsibility in our student-athletes, preparing them for success both on and off the field/court. We also recognize that being a student-athlete requires balancing academic responsibilities with athletic commitments. We support our student-athletes in achieving academic excellence, providing resources and guidance to help them succeed academically while pursuing their athletic passions.

Through a comprehensive range of athletic activities, we aim to promote physical fitness, health, and overall well-being. We believe in the power of sports to enhance academic performance, improve mental agility, and cultivate a strong sense of community among our students.

As student-athletes, our participants represent not only themselves but also their school and community. We strive to instill in them a sense of pride, responsibility, and integrity, preparing them to be respectful ambassadors both on and off the field/court. We value fair play, good behavior, and respect for opponents, teammates, coaches, and officials.

Our Firebird program encourages student-athletes to embrace challenges, learn from failures, and celebrate successes, nurturing a growth mindset that fuels personal growth and achievement. We are committed to providing quality coaching, skill development, and access to diverse athletic opportunities, ensuring that students of all abilities can participate and thrive.

As a dedicated team of coaches, educators, parents, and community members, we are committed to providing the guidance, mentorship, and resources necessary for our student-athletes to thrive academically, athletically, and personally. Together, we create a foundation for success, fostering a lifelong love for learning, sports, and the pursuit of excellence.



## FMS ATHLETIC PROGRAM'S VISION

The Falcon Middle School Athletics Program strives to foster a culture of excellence, personal growth, and sportsmanship among our student-athletes. Through engaging experiences, we aim to develop well-rounded individuals who embody the values of commitment, resilience, and teamwork. Our vision is to inspire a lifelong love for physical activity, cultivate a competitive spirit, and provide a foundation for success both on and off the field/court.

#### **Expectations for Student-Athletes:**

**Dedication and Perseverance:** We expect our student-athletes to demonstrate a strong commitment to their sport, attending practices regularly, and giving their best effort during training sessions and contests. They should be passionate about their chosen sport and show a desire to continually improve their skills.

**Sportsmanship and High Character:** Our student-athletes are expected to uphold the highest standards of sportsmanship, treating their opponents, coaches, and officials with respect and fairness. They should exhibit good character, displaying integrity, humility, and grace in both victory and defeat.

**Academic Excellence:** We believe in the importance of a balanced student-athlete experience, and therefore, we encourage our athletes to prioritize their academic responsibilities. We expect them to maintain good academic standing, demonstrating discipline and time management skills to excel in their studies while participating in sports.

**Teamwork:** Collaboration and cooperation are integral parts of our athletics program. We expect our student-athletes to value and contribute to the success of their teams, supporting their fellow teammates and working together towards shared goals. They should understand that individual achievements are secondary to the collective accomplishments of the team.

**Good Behavior:** Our student-athletes are representatives of our school, and we hold them to high ethical standards. They are expected to exhibit responsible behavior both on and off the field/court, making choices that align with our school's values and the rules and regulations of their respective sports.

**Health and Well-Being:** We prioritize the health and well-being of our student-athletes. We expect them to maintain a healthy lifestyle, including proper nutrition, hydration, and adequate rest. They should actively take care of their physical and mental well-being, seeking support when needed and advocating for a safe and inclusive athletic environment.

**Growth Mindset:** We believe in the power of a growth mindset, and we encourage our student-athletes to embrace challenges and learn from setbacks. We expect them to display resilience, perseverance, and a willingness to push beyond their comfort zones, understanding that growth and improvement come through continuous effort and learning.

By upholding these expectations, our Firebird Athletics Program seeks to instill lifelong values, nurture character development, and inspire our student-athletes to become outstanding individuals who will make a positive impact in the world.

# LEAGUE CHAMPIONS



Football - 1999, 2006, 2007, 2009, 2011, 2017, 2019, 2022

Volleyball - 2006

Adapted Athletics Basketball - 2023, 2024

**Boys Basketball** - 2010, 2013, 2024

Girls Basketball - 1996, 2005, 2007, 2009, 2011, 2013

Wrestling - 2005, 2009, 2021, 2022, 2023, 2024

Track & Field - N/A

**Softball** - 2006, 2009, 2011

Cross Country - N/A

Boys Soccer - N/A

Girls Soccer - N/A



# **TABLES OF CONTENT**

- I. STATEMENT OF ATHLETIC PHILOSOPHY
- II. COACHES' & TEAM INFORMATION
- III. SPORTSMANSHIP
- IV. FUNDAMENTALS OF SPORTSMANSHIP
- V. ATHLETE CODE OF CONDUCT
- VI. PARENT/LEGAL GUARDIAN CODE OF CONDUCT
- VII. RESPONSIBILITIES OF THE ATHLETE
- VIII. ELIGIBILITY RULES
- IX. COLLECTION OF CO-CURRICULAR FEES
- X. ATHLETIC DEPARTMENT POLICIES
- XI. TRAINING EXPECTATIONS
- XII. PARENT COMPLAINT PROCEDURE
- XIII. CONCUSSION ALGORITHM
- XIV. HANDBOOK ACKNOWLEDGEMENT & SIGNATURE PAGE



## **WELCOME**

Welcome to the Falcon Middle School Athletic Student-Athlete & Parent/Guardian Handbook— a comprehensive guide crafted to address any queries parents/guardians may have throughout their child's involvement in extracurricular athletics. We encourage you to utilize this invaluable resource as a go-to reference for all the essential rules, regulations, policies, and procedures governing participation in our athletic programs.

# I. SCHOOL DISTRICT 49: STATEMENT OF ATHLETIC PHILOSOPHY

Falcon School District 49 and Falcon Middle School recognize the significance of interscholastic activities within the realm of education, as they offer invaluable opportunities for experiential learning beyond the confines of traditional classrooms. Engaging in athletics and activities instills a multitude of invaluable lifelong lessons, including sportsmanship, teamwork, and commitment. Our goal at Falcon Middle School is to optimize the potential and efficacy of these transformative experiences, ensuring that every student derives the utmost benefit from their participation in athletics.

#### The following components contribute to the enhancement of the philosophy:

- Vertical Integration youth and middle school programs that support the high school athletic programs
- Development of fundamental sports skills
- Competitive middle school athletic programs that promote academic and athletic excellence
- Programs that allow for maximum opportunities for student participation and that are developmentally appropriate, tailored to the physical, mental and emotional maturity levels of the participants
- Principles of fair play and sportsmanship, both on the field and in the stands
- Highly qualified coaches and staff with opportunities for professional growth and development
- Competitive resources for programs at each level made available through operating funds, participation fees and fund raising



# II. COACHES' INFORMATION

This section provides coaching and contact information.

## **FOOTBALL**



Head Coach: Rich Billingsley
Email: fmsfootball@d49.org
Football Webpage

# CROSS COUNTRY



Head Coach: Amber Villani
Email: fmscrosscountry@d49.org
Cross Country Webpage

## **VOLLEYBALL**



Head Coach: Reachel Small Email: fmsvolleyball@d49.org Volleyball Webpage

# BOYS BASKETBALL



Head Coach: Gregory Cox
Email: fmsboysbasketball@d49.org
Boys Basketball Webpage

# II. COACHES' INFORMATION

This section provides coaching and contact information.

## **GIRLS BASKETBALL**



Head Coach: Harrison Sundgren
Email: fmsgirlsbasketball@d49.org
Girls Basketball Webpage

## **SOFTBALL**



**Head Coach:** Tina McCoy **Email:** fmssoftball@d49.org

<u>Softball Webpage</u>

## **WRESTLING**



Head Coach: Robert Lovato
Email: fmswrestling@d49.org
Wrestling Webpage

## **BOYS SOCCER**



Head Coach: Nicki Brundage
Email: fmsboyssoccer@d49.org
Boys Soccer Webpage

# II. COACHES' INFORMATION

This section provides coaching and contact information.

**GIRLS SOCCER** 



**Head Coach:** Nikki Brundage Email: fmsgirlssoccer@d49.org Girls Soccer Webpage **TRACK & FIELD** 



**Head Coach:** Robin Bird Email: fmstrack@d49.org

<u>Track Webpage</u>

## **ADAPTIVE PE**



Special Education Services Team
Adapted PE Webpage

## **ATHLETIC DIRECTOR**



Leroy James Email: leroy.james@d49.org Phone: 719-495-5223

## II. TEAM INFORMATION

This section provides team information.

#### **FALL SPORTS**

<u>Cross Country:</u> 6th - 8th Grade students can participate. There are two levels, Varsity and Junior Varsity.

**Football:** 7th Grade and 8th Grade teams only. No call-ups (Students must play on their grade level team).

**Volleyball:** 6th - 8th Grade students can participate. There are three teams, A, B, and C team. Call-ups are allowed.

<u>Girls Soccer:</u> 6th - 8th Grade students can participate. There are two teams, A and B team. Call-ups are allowed.

<u>Wrestling:</u> 6th - 8th Grade students can participate. There are two levels, Varsity and Junior Varsity.

#### WINTER SPORTS

<u>Girls Basketball:</u> 6th - 8th Grade students can participate. There are three teams, A, B, and C team. Call-ups are allowed.

**Boys Basketball:** 6th - 8th Grade students can participate. There are three teams, A, B, and C team. Call-ups are allowed.

#### **SPRING SPORTS**

**Boys Soccer:** 6th - 8th Grade students can participate. There are two teams, A and B team. Call-ups are allowed.

**Softball:** 6th - 8th Grade students can participate. There are two teams, A and B team. Call-ups are allowed.

**<u>Track & Field:</u>** 6th - 8th Grade students can participate.



## III. SPORTSMANSHIP

Sportsmanship is a fundamental value that holds great importance in District 49. We have high expectations for students, athletes, parents, guardians, and fans to embody positive behavior at all sponsored events. It is our strong belief that attending games and actively showing constructive support is an excellent way for family members and students to partake in our athletes' journey. We firmly uphold a zero-tolerance policy towards inappropriate behavior or unsportsmanlike conduct at District 49 events. Spectators are required to exhibit positive behavior, and in the event of non-compliance, officials, school personnel, administrators, or police officers may request the individual to leave. Should the person resist, appropriate legal action will be taken by the police.

- A spectator who is removed from an event will forfeit his/her privilege of attending future contests either home or away. If removed from a game, the spectator may have an opportunity to meet with the athletic director to try to resolve the issue. If the spectator shows up at future contests without resolving the issue, he/she may be charged with trespassing.
- If a student athlete acts inappropriately (see guidelines presented in the Athlete's Code of Conduct), the coach is expected to take disciplinary action. This may include suspension for the remainder of the game or longer. Consequences for such behavior should be outlined in team rules and expectations and discussed prior to the competitive season.
- **If a coach** acts inappropriately, the coach will be dealt with by the Athletic Director and/or Principal. Consequences may range from verbal reprimand, written reprimand, suspension, or dismissal per District Coaches Code of Conduct.
- Coaches are expected to set strong examples and should model expected behavior at all times!

#### South Metro League Conference & CHSSA Sportsmanship Statement

Educational Athletics teach a lifetime of values such as respect for your opponents, coaches, officials, and classmates. There are few better places than athletic competition to demonstrate respect for others. By your demonstration of respect for those participating and watching today, you underscore that the most important part of school competition is the people involved and NOT the game itself.

NOTE: Falcon Middle School sports are not governed by CHSAA rulings. Although we use CHSAA sport rules as guidance, middle school athletics are not required to follow CHSAA rules and regulations regarding eligibility requirements. Falcon Middle School has the authority to establish grade expectations based on school standards.



## IV. FUNDEMENTALS OF SPORTSMANSHIP

The fundamentals of sportsmanship encompass a set of principles and values that promote fair play, respect, and integrity in sports. Here are some key elements of sportsmanship:

- Respect for opponents: Sportsmanship involves treating opponents with respect, recognizing their skills and efforts, and refraining from any form of disrespectful behavior, such as taunting, trash-talking, or unsportsmanlike conduct.
- **Fair play:** Sportsmanship emphasizes the importance of playing by the rules and adhering to the spirit of the game. It means accepting both victory and defeat gracefully, without resorting to cheating, deception, or any form of dishonest behavior.
- **Integrity:** Sportsmanship values honesty and integrity. It entails taking responsibility for one's actions, admitting mistakes, and avoiding any form of cheating or other unethical practices that can undermine the fairness and integrity of the competition.
- **Grace in victory and defeat:** A true sportsman displays humility in victory and does not boast or belittle opponents. Similarly, in defeat, a sportsman accepts the outcome gracefully, without making excuses or blaming others.
- **Positive attitude:** Sportsmanship involves maintaining a positive and optimistic attitude throughout the game or competition. It means encouraging teammates, showing good sportsmanship towards opponents, and avoiding unsportsmanlike behavior, such as arguing with teammates, coaches, referees, or officials.
- Teamwork and cooperation: Sportsmanship recognizes the value of teamwork and cooperation. It involves supporting and encouraging teammates, working together towards a common goal, and showing respect for the efforts and contributions of others.
- **Respect for officials and rules:** Sportsmanship requires respecting the authority of officials, referees, and umpires. It means accepting their decisions, even if they are unfavorable, without arguing, challenging, or disrespecting their authority.
- **Appreciation of the game:** Sportsmanship involves appreciating the essence of the game, its traditions, and the spirit of competition. It means valuing the opportunity to participate, enjoying the experience, and promoting the ideals of fair play and respect within the sporting community.

By embodying these fundamentals of sportsmanship, student-athletes contribute to a positive and enjoyable sporting environment while upholding the principles of fairness, respect, and integrity.



## V. ATHLETE CODE OF CONDUCT

As a student-athlete proudly representing Falcon Middle School, you shoulder a significant responsibility to exemplify conduct that will bring honor to our District, our school, your team, and your family. In light of this, we present you with the following guidelines outlining the expected behavior. By familiarizing yourself with this code of conduct, you demonstrate your commitment to uphold the highest standards of behavior, as set forth by the District. Together, let us strive for excellence and uphold the values that define our athletic community.

By acknowledging the guidelines set forth by the District and Falcon Middle School, I commit to the following:

- I agree to respect and care for the equipment I am issued and agree to do the best I
  can to return it at the end of the season in good condition
- **I agree** to respect those in authority, including the coaches, administrators, custodians, teachers, and adult officials from other schools
- **I agree** to practice good sportsmanship before, during and after contests, recognizing the talents and efforts of my opponents and the game officials
- lagree to congratulate my opponent on her/his efforts
- I agree to respect calls made by officials
- **I agree** to practice self control at all times, in regards to fighting, taunting, and other negative behavior which would bring disrespect to my team and school
- **I agree** to leave the facility I am visiting in better condition than when I arrived. This includes refraining from damaging or vandalizing school property, stealing, or leaving trash behind
- I agree to represent my team with pride by following the agreed upon dress code on game days – at school and to/from contests
- **lagree** to represent my team and my school with integrity and character when visiting opponent schools, restaurants, or anywhere in public
- **I agree** to encourage and remind my teammates of expected behavior and to correct it when necessary. He/she is representing the program of which I am proud to be part of
- I agree to attempt to resolve conflicts or concerns with my coaches before asking my parents to get involved. I understand that part of the lesson I am learning through participation in sports is that I have responsibility for my actions and for learning how to handle adverse situations

## V. ATHLETE CODE OF CONDUCT (CONT)

If such behavior is not demonstrated by the athlete, the following conditions may occur:

**1st** - Meet with coaches about expectations and apply consequences per the coach's handbook

**2nd** - May meet with the school athletic director, where further consequences may be discussed and implemented

3rd - May be removed from the team

# VI. PARENT/LEGAL GUARDIAN CODE OF CONDUCT

As a proud parent/guardian of a student-athlete representing Falcon Middle School, we expect that you embrace the role model position and exemplify sportsmanship and behavior. Your actions should consistently reflect positively on the school, your student, and yourself. By acknowledging this, you fully commit to upholding the esteemed standards of conduct established by District 49.

- lagree to applaud the effort of ALL players on both teams
- lagree to cheer FOR our team, not AGAINST another team
- lagree to ALWAYS use appropriate language and behavior at events
- I agree to allow the coach(es) to do the coaching and ONLY cheer for the team/players
- **lagree** that officiating is a difficult, thankless task, and that officials are doing the best they can to be fair to both teams and accept their decisions
- lagree not to taunt players, officials, coaches or fans before, during, or following a competition
- **lagree** to help control unacceptable behavior of other spectators by reminding them that it is ok to cheer for our own team, but inappropriate to cheer against another
- **lagree** to support the goals of sportsmanship and help bring pride and respect to my son/daughter and the school they are representing.



# VI. PARENT/LEGAL GUARDIAN CODE OF CONDUCT (CONT)

- lagree to support my son's/daughter's role on the team, even if I don't understand his/her position on the depth chart. If I (or my student) have concerns, I will direct my son/daughter to approach the coach at an appropriate time to discuss our concerns.
- **I agree** to wait for 24 hours before speaking to the coach when dealing with questions about playing time or other issues related to your son/daughter. If I feel it is necessary to meet with the coach, I will set up an appointment with the coach after following the 24 hour policy
- **I agree** to begin at the lowest level when a concern arises, addressing these concerns directly with the coaching staff in an appropriate manner. IF it is not resolved, then please contact the athletic director.

## VII. RESPONSIBILITIES OF THE ATHLETE

- 1. All athletes are students first and subject to the same rules as other middle school students.
  - Each athlete will be monitored for academic progress.
  - Each athlete will be monitored for appropriate behavior. All athletes should be exemplifying good behavior on and off the field/court. We expect athletes to set a positive example for other students. Behavior can determine whether a student is able to participate in a sport:
  - Your athlete may not participate in games, practices, or any school events on days when they are absent from school for more than three (3) class periods.
     Exceptions to this rule include school-sponsored trips or being checked out for an appointment.
    - Any athlete suspended from school (in/out of school suspension) will be ineligible to practice or play in a contest during the duration of the suspension.
    - Any athlete suspended from school (in/out of school suspension) for any major disciplinary infraction, may be removed from participation for that particular athletic season only. If the behaviors were to continue, the student might not be allowed to participate in any FMS athletics.
  - All athletes should treat teammates and coaches with respect and loyalty.
  - Athletes should respect the efforts of other student-athletes and support all groups representing the school.
- 2. Once the athlete is out for a sport, he/she is considered to be committed for that season.



# VII. RESPONSIBILITIES OF THE ATHLETE (CONT)

- 3. Athletes should respect the efforts of other student-athletes and support all groups representing the school.
- 4.All athletes will communicate any injury that they sustain to the coach. If treatment is required, a coach must be aware of the injury and the condition of the individual.

If your student-athlete's conduct in the school setting impacts their educational and sporting experience, there could be consequences imposed by their coach or Athletic Director that may affect their playing status or place on the team. If such a decision is made, parents will be informed accordingly.

## VIII. ELGIBILITY RULES

Several rules govern participation in athletics. These rules are specific to Falcon Middle School's academic and athletic expectations and align with South Metro League Standards, CHSAA guidelines, and the Falcon School District Athletic Code. All rules are designed to benefit everyone who participates.

#### **Falcon Middle School Rules:**

- 1. Heads-up Eligibility will be pulled at 10:00 am on Friday.
- 2. Final Weekly Eligibility will be pulled at 10:00 am on Tuesday.
- **3.** A student-athlete with 1 or more failing grade (F on Tuesday's Final Eligibility will be considered INELIGIBLE.
- **4. Grading Error/No PowerSchool Update** If your student's teacher make a grading error that might affect their playing status, the teacher will notify the Athletic Director, and the necessary grade correction will be applied. If a teacher does not provide a weekly PowerSchool update (with at least one new assignment) resulting in your student failing the course, no penalties will be imposed.
- **4. INELIGIBLE** time period is for the following TUESDAY continuing through the following TUESDAY. IF athletes are not on the next week's eligibility report, they will be reinstated.
- **5.** A student-athlete that is on the Weekly Ineligibility List may practice with the team, however will not be able to suit-up or dress-out for any competitions or events during the duration of the ineligibility period. **Also, no student-athlete who is ineligible will travel with the team.**
- **6.** If a student-athlete appears on the ineligibility list for a third time in a sports season, they become ineligible for the remainder of the sport's season and must turn in equipment and uniforms to the coaches as soon as possible.

## IX. COLLECTION OF CO-CURRICULAR FEES

The Falcon School District charges a co-curricular fee. That fee is based on a district, 3-tier system, based on the cost of each sport. Here is the Fee Chart for the 23/24 School Year.

Football <u>\$90.00</u>	Track & Field <u>\$75.00</u>	Boys Basketball <u>\$80.00</u>
Cross Country <u>\$75.00</u>	Girls Basketball <u>\$80.00</u>	Softball <u>\$80.00</u>
Volleyball <u>\$80.00</u>	Wrestling <u>\$80.00</u>	Boys Soccer <u>\$70.00</u>
Girls Soccer <u>\$70.00</u>		

The fees pay for expenses such as game officials, entry fees, transportation fees, accommodations, supplies, and incidentals. Fees will be attached to each athlete's account in PowerSchool. Fees can be paid online through PowerSchool or directly to Mrs. Kara Robinson in the front office. ALL FEES MUST BE PAID PRIOR TO THE FIRST COMPETITION.

### X. ATHLETIC DEPARTMENT POLICIES

There are several things that both athletes and parents should be aware of prior to participation. These policies allow for a successful functioning of the athletic department.

- **1. Practice Policy** Each student-athlete is expected to attend ALL scheduled practices and team meetings. This may include Saturdays. Holiday practices are voluntary. There are no Sunday practices, ever. If any athlete is in school, they are expected to be at practice. ALL Absences from practices need to be approved through the Athletic Director.
- **2. Dual Participation** No student-athlete can participate in two sports simultaneously without coach and administrative approval. If permission is given, it is the responsibility of the athlete to determine equal practice times to each sport.
- **3. Equipment Liability** All equipment issued to the student-athlete is property of School District 49. Any issued equipment that is lost/stolen/damaged is the responsibility of that individual. The student- athlete and their parents/guardians will be billed. If the bill is not paid, the District reserves the right to prevent future participation and the right to hold all progress reports and or report cards until payment is received.
- **4. Transportation Policy** All participants are expected to ride district transportation to school sponsored events and contests IF IT IS AVAILABLE. (Bussing remains a concern at this time. As transportation is available, this will be communicated with players and parents ASAP.) Return of athletes on district transportation is dependent upon school resources and the location of the event. When the district provides return trips, parents may sign out for their child at the conclusion of the event or contest using a checkout sheet provided by the coach.

## XI. TRAINING EXPECTATIONS

- No student-athlete will use or distribute alcohol, tobacco, or drug products, this includes distribution/selling of over-the-counter drugs, during their eligibility in a District 49/Falcon Middle School sponsored activity.
- No student-athlete will engage in Hazing/bullying behaviors. Hazing/bullying is an abusive behavior, which also harms victims and negatively impacts a team and school culture by creating an environment of fear, distrust, intolerance and intimidation. District 49 is committed to providing a competitive environment that promotes respect, tolerance, and equality.
- The training rules and consequences for non-compliance will be enforced for the duration of an athlete's competitive time in Middle/High School. Therefore, when a student-athlete begins participation, these rules will be followed:

**Ist Offense** – Student-athlete is removed from competition for nine (9) days. During that time, the student-athlete will remain with the team in practice, but unable to play in a contest. However, the athlete may be with the team.

**2nd Offense** – Student-athlete is suspended from athletic participation for one (1) calendar year. The student-athlete and their parents may petition the Activities/Athletic Director for reinstatement if the student-athlete has successfully completed a drug, alcohol, or tobacco rehabilitation program.

**3rd Offense** – At this time, a student-athlete will be denied the ability to participate in interscholastic competition for the remainder of their career in District 49 sponsored activities. There will be no appeals or exceptions.

## XII. PARENT COMPLAINT PROCEDURE

During the span of an athletic season, parental concerns arise and need to be expressed. Communication is the best solution to most problems. Therefore, the following protocol needs to be followed by administration, coaches and parents. Please Remember PRIOR TO ANY OF THESE STEPS TO HONOR THE 24 HOUR RULE!

**Step 1** – Student-Athlete should discuss the problem with their coach. If a solution cannot be reached, then proceed to step 2.

**Step 2** – Parents should discuss problems with the coach. If it involves an assistant, the head coach should be involved. If a solution cannot be reached, then proceed to step 3.

**Step 3** –The Activities/Athletic Director will be notified and a meeting will be conducted involving the player, parent, and coach. If a solution cannot be reached, then proceed to step 4.

**Step 4** – An appeal can be made to the building principal. The Activities/Athletic Director and coach will also be involved. If a solution cannot be reached, then proceed to step 5.

**Step 5** – The problem should then be discussed with the District Athletic Director, school Athletic Director, Principal, and/or coach may be asked to be involved. If a solution cannot be reached, then proceed to the final step in the grievance process.

## XII. PARENT COMPLAINT PROCEDURE (CONT)

**Final Step** – If the parent is not satisfied, the problem should be discussed in the executive session with the Board of Education. All participants may be asked to be present. Once a decision is rendered at this level, there are no more appeals.

Each meeting will be documented. This documentation will allow for a complete picture to be set forth if further problems arise of this nature or of a different nature concerning the same individuals. It is important that each of us work to improve relationships and maintain open lines of communications. All discussion should be approached from a positive perspective looking for a win-win solution, and should be approached as a solution-based discussion.

## XIII. CONCUSSION ALGORITHM

Please refer to the Athletic Homepage and select the link on the far right side labeled Concussion Algorithm.

# XIV. HANDBOOK ACKNOWLEDMENT & SIGNATURE PAGE

Detach, sign, and return this form to your coach or building Athletic Director once you and your student have reviewed the information.

(Failure to return this page signed could result in extra conditioning and/or reduced playing time)

**I/We** acknowledge that I have received and read the District 49/Falcon Middle School Athletic Student Handbook.

**I/We** understand that the policies contained in this handbook are binding and the extent of the potential consequences of any violations by my child.

**I/We** acknowledge that we have viewed the D49 concussion protocol on the FMS Athletic Webpage.

**I/We** have reviewed and agreed to all aspects of the FMS Student-Athlete & Parent/Guardian Handbook.

### Handbook Acknowledgment & Signature

Print Student Name	Date
Student Signature	Date
Parent/Guardian Signature _	Date