

SKYVIEW ATHLETIC HANDBOOK



SMS ATHLETIC PROGRAM'S VISION

The Skyview Middle School Athletics Program strives to foster a culture of excellence, personal growth, and sportsmanship among our student-athletes. Through engaging experiences, we aim to develop well-rounded individuals who embody the values of commitment, resilience, and teamwork. Our vision is to inspire a lifelong love for physical activity, cultivate a competitive spirit, and provide a foundation for success both on and off the field/court.

Expectations for Student-Athletes:

Dedication and Perseverance: We expect our student-athletes to demonstrate a strong commitment to their sport, attending practices regularly, and giving their best effort during training sessions and contests. They should be passionate about their chosen sport and show a desire to continually improve their skills.

Sportsmanship and High Character:

Our student-athletes are expected to uphold the highest standards of sportsmanship, treating their opponents, coaches, and officials with respect and fairness. They should exhibit good character, displaying integrity, humility, and grace in both victory and defeat.

Academic Excellence:

We believe in the importance of a balanced student-athlete experience, and therefore, we encourage our athletes to prioritize their academic responsibilities. We expect them to maintain good academic standing, demonstrating discipline and time management skills to excel in their studies while participating in sports.

Teamwork:

Collaboration and cooperation are integral parts of our athletics program. We expect our student-athletes to value and contribute to the success of their teams, supporting their fellow teammates and working together towards shared goals. They should understand that individual achievements are secondary to the collective accomplishments of the team.

Good Behavior:

Our student-athletes are representatives of our school, and we hold them to high ethical standards. They are expected to exhibit responsible behavior both on and off the field/court, making choices that align with our school's values and the rules and regulations of their respective sports.

Health and Well-Being:

We prioritize the health and well-being of our student-athletes. We expect them to maintain a healthy lifestyle, including proper nutrition, hydration, and adequate rest. They should actively take care of their physical and mental well-being, seeking support when needed and advocating for a safe and inclusive athletic environment.

League Champions

<u>Football</u>	2008
<u>Cross Country</u>	2017 (Girls)
<u>Volleyball</u>	2013
<u>Girls' Soccer</u>	2022
<u>Boys' Basketball</u>	2014
<u>Girls' Basketball</u>	2010
	2022
	2023
<u>Wrestling</u>	2002
<u>Track</u>	8 th Grade Boys 2013
	7 th Grade Boys 2012
	8 th Grade Girls 2003
	7 th Grade Girls 2002
<u>Softball</u>	2015 - Undefeated Season
	2014 - Undefeated Season

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DISTRICT 49 ATHLETICS MIDDLE SCHOOL: ATHLETE-PARENT HANDBOOK

Welcome to the Skyview Middle School Athletic Student-Parent handbook. This handbook is designed to answer many of the questions that parents/guardians may encounter during an individual's participation in extracurricular athletics. Please use this document as a reference guide pertaining to the rules and regulations as well as policies and procedures for participation in extracurricular athletics.

SCHOOL DISTRICT 49: STATEMENT OF ATHLETIC PHILOSOPHY:

Falcon School District 49 and Skyview Middle School believe that interscholastic activities are an integral part of the educational process, providing valuable educational experiences outside the classroom curriculum. Many valuable lifelong lessons such as sportsmanship, teamwork, commitment, etc. are learned through participation in athletics and activities. It is the goal of Skyview to maximize the opportunities and effectiveness of the lessons learned through athletics.

The following components contribute to the enhancement of the philosophy:

- Vertical Integration – youth and middle school programs that support the high school athletic programs
- Development of fundamental sports skills
- Competitive middle school athletic programs that promote academic and athletic excellence
- Programs that allow for maximum opportunities for student participation and that are developmentally appropriate, tailored to the physical, mental and emotional maturity levels of the participants
- Principles of fair play and sportsmanship, both on the field and in the stands
- Highly qualified coaches and staff with opportunities for professional growth and development
- Competitive resources for programs at each level made available through operating funds, participation fees and fundraising

SPORTSMANSHIP:

Sportsmanship is highly emphasized and positive behavior from students, athletes, parents, guardians, and fans at all District 49 sponsored events. We strongly encourage family members and students to share in our athlete's experiences by attending games and demonstrating positive and constructive support. District 49 events will not tolerate any inappropriate behavior or unsportsmanlike conduct. Spectators must demonstrate positive behavior or that spectator may be asked to leave by an official, school personnel, administrator, or police officer. If the person resists leaving, the police will charge the person accordingly.

- A spectator who is removed from an event or displays offensive behaviors will forfeit his/her privilege of attending future contests – either home or away. If removed from a game, the spectator may have an opportunity to meet with the athletic director to try to resolve the issue. If the spectator shows up at future contests without resolving the issue, he/she may be charged with trespassing.
- If an athlete acts inappropriately (see guidelines presented in the Athlete's Code of Conduct), the coach is expected to take disciplinary action. This may include suspension for the remainder of the game or longer. Consequences for such behavior should be outlined in team rules and expectations and discussed prior to the competitive season.
- If a coach acts inappropriately (see guidelines presented in the Coaches Code of Conduct), the coach will be dealt with by the Administrator. Consequences may range from verbal reprimand to written reprimand, to suspension, to dismissal.
- Coaches are expected to set strong examples and should model expected behavior at all times!

FUNDAMENTALS OF SPORTSMANSHIP:

- Gain an appreciation and understanding of the rules of the sports; please remember that they may change as your athlete increases their levels of play.
- Exercise exemplary conduct at all times.
- Recognize and appreciate skilled performance regardless of affiliation
- Exhibit respect for contest officials. (Provide only positive remarks to the officials)
- Openly display respect for opponents. (Our opponents are not the enemy)
- Display pride in your actions (Will you feel good about your actions when you are home and have time to think about them?)

ATHLETE CODE OF CONDUCT:

As a student/athlete representing Skyview Middle School, you carry a huge responsibility to act in a way that will bring pride to the District, your school, your team, and your family. As such, the following are guidelines of expected behavior. After reading this code of conduct, you agree to abide by these standards of behavior set forth by the District.

- I agree to respect and care for the equipment I am issued and agree to do the best I can to return it at the end of the season in good condition
- I agree to respect those in authority, including the coaches, administrators, custodians, teachers, and adult officials from other schools
- I agree to practice good sportsmanship before, during and after contests, recognizing the talents and efforts of my opponents and the game officials
- I agree to congratulate my opponent on her/his efforts
- I agree to respect calls made by officials
- I agree to practice self-control at all times, in regards to fighting, taunting, and other negative behavior which would bring disrespect to my team and school
- I agree to leave the facility I am visiting in better condition than when I arrived. This includes refraining from damaging or vandalizing school property, stealing, or leaving trash behind
- I agree to represent my team with pride by following the agreed upon dress code on game days – at school and to/from contests
- I agree to represent my team and my school with integrity and character when visiting opponent schools, restaurants, or anywhere in public
- I agree to encourage and remind my teammates of expected behavior and to correct it when necessary. He/she is representing the program of which I am proud to be a part of
- I agree to attempt to resolve conflicts or concerns with my coaches before asking my parents to get involved. I understand that part of the lesson I am learning through participation in sports is that I have responsibility for my actions and for learning how to handle adverse situations

If such behavior is not demonstrated by the athlete, the following conditions may occur:

- 1) Meet with coaches about expectations, which may result in extra conditioning, or sit out for part/all of a game
- 2) May meet with the school athletic director, where further consequences may be discussed and implemented
- 3) May be removed from the team.

PARENT/LEGAL GUARDIAN CODE OF CONDUCT:

As a parent of a student/athlete representing Skyview Middle School, it is expected that you exhibit role model behavior conducive to good sportsmanship and behavior that will not embarrass the school, your student, or yourself. After reading this, you agree to abide by these standards of behavior set forth by District 49.

- I agree to applaud the effort of ALL players on both teams
- I agree to cheer FOR our team, not AGAINST another team
- I agree that officiating is a difficult, thankless task, and that officials are doing the best they can to be fair to both teams and accept their decisions
- I agree not to taunt players, officials, coaches or fans before, during, or following a competition
- I agree to help control unacceptable behavior of other spectators by reminding them that it is ok to cheer for our own team, but inappropriate to cheer against another
- I agree to support the goals of sportsmanship and help bring pride and respect to my son/daughter and the school they are representing
- I agree to support my son's/daughter's role on the team, even if I don't understand his/her position on the depth chart. If I (or my student) have concerns, I will direct my son/daughter to approach the coach at an appropriate time to discuss our concerns. If I feel it is necessary to meet with the coach, I will set up an appointment with the coach, but will not harass or verbally assault the coach when I am emotionally responding to an issue
- Due to transportation liability, please do not park in the back parking lot for any reason until after 3:30 PM every day school is in session. This will help with the safety of all students and give bus drivers adequate room to maneuver.

RESPONSIBILITIES OF THE ATHLETE:

1. All athletes are students first and subject to the same rules as other middle school students.
 - a. Each athlete will be monitored for academic progress.
 - b. Any athlete suspended from school (out of school suspension) will be ineligible to practice or play in a contest during the duration of the suspension.
2. Once the athlete is out for a sport, he/she is considered to be committed for that season.
3. The athlete may not participate in a game or practice on a day when he/she is absent from school, if more than three (3) class periods.. Exceptions to this rule are if a student is on a school-sponsored trip, or is checked out for an appointment.
4. All athletes should be exemplifying good behavior on and off the field. We expect athletes to set a positive example for other students.
5. All athletes should treat teammates and coaches with respect and loyalty. Athletes should respect the efforts of other student-athletes and support all groups representing the school.
6. All athletes will communicate any injury that they sustain to the coach. If treatment is required, a coach must be aware of the injury and the condition of the individual.

ELIGIBILITY RULES:

Skyview Middle School Rules:

1. Preliminary Grades Report (Warning Notice) will be pulled on Wednesdays and shared with the coaches.. This report is to inform students of their low grades, including D's and F's, and they have until Friday to get work turned in.
2. Students with missing work, should have the work turned in to teachers by 3:00 PM Thursday to allow teachers time to grade unless special arrangements have been made between the teacher and the student.
3. Teachers must post grades by Friday at 12:00 PM
4. The final "Weekly Eligibility Report " will be pulled at 2:00 PM on Fridays.
5. A student/athlete with 1 failing grade on Friday's Final Weekly Eligibility Report –becomes INELIGIBLE for the following week starting on Friday, continuing through the next "Weekly Eligibility Report." A

student/athlete that is on the Weekly Ineligibility List may practice with the team, however, will not be able to suit-up or dress-out for any competitions or events during the duration of the ineligibility period. Also, **no** student/athlete who is ineligible will travel with the team.

6. If a student/athlete appears on the ineligibility list for a third time in a sports season, they become ineligible for the remainder of the sport's season and must turn in equipment and uniforms to the coaches as soon as possible.

COLLECTION OF CO-CURRICULAR FEES:

The Falcon School District charges a co-curricular fee based on the cost of each sport. The fees pay for expenses such as game officials, entry fees, league fees, accommodations, supplies, and incidentals. Fees will be attached to each athlete's account in PowerSchool. Fees can be paid online through PowerSchool or directly to the front office. **ALL FEES MUST BE PAID PRIOR TO THE FIRST COMPETITION.** Athletes will not be allowed to play until the participation fee has been paid.

- Basketball - \$65
- Cross Country - \$60
- Football - \$65
- Softball - \$65
- Track - \$60
- Wrestling - \$65
- Volleyball - \$65
- Soccer - \$65

ATHLETIC DEPARTMENT POLICIES:

There are several things that both athletes and parents should be aware of prior to participation. These policies allow for a successful functioning of the athletic department.

1. Practice Policy – Each student-athlete is expected to attend all scheduled practices and team meetings. This may include Saturdays. Holiday practices are voluntary. There are no Sunday practices, ever. If any athlete is in school, they are expected to be at practice. Individual coaches will deal with excused and unexcused practices.
2. Dual Participation – No student-athlete can participate in two sports simultaneously without coach and administrative approval. If permission is given, it is the responsibility of the athlete to determine equal practice times to each sport.
3. Equipment Liability – All equipment issued to the student-athlete is property of School District 49. Any issued equipment that is lost/stolen/damaged is the responsibility of that individual. The student-athlete and their parents/guardians will be billed. If the bill is not paid, the District reserves the right to prevent future participation and the right to hold all progress reports and or report cards until payment is received.

PARENT COMPLAINT PROCEDURE:

During the span of an athletic season, parental concerns arise and need to be expressed. Communication is the best solution to most problems. Therefore, the following protocol needs to be followed by administration, coaches and parents:

Step 1 - *Athletes* should discuss the problem with their coach. If a solution cannot be reached, then proceed to step 2.

Step 2 – *Parents* should discuss problems with the coach. If it involves an assistant, the head coach should be involved. If a solution cannot be reached, then proceed to step 3.

Step 3 –The Activities/Athletic Director will be notified and a meeting will be conducted involving the player, parent, and coach. If a solution cannot be reached, then proceed to step 4.

[Skyview Athletic Handbook - \(Updated 7/19/2024\)](#)

Step 4 – An appeal can be made to the building principal. The Activities/Athletic Director and coach will also be involved. If a solution cannot be reached, then proceed to step 5.

Step 5 – The problem should then be discussed with the District Athletic Director, school Athletic Director, Principal, and/or coach may be asked to be involved. If a solution cannot be reached, then proceed to the final step in the grievance process.

Final Step – If the parent is not satisfied, the problem should be discussed in the executive session with the Board of Education. All participants may be asked to be present. Once a decision is rendered at this level, there are no more appeals.

Each meeting will be documented. This documentation will allow for a complete picture to be set forth if further problems arise of this nature or of a different nature concerning the same individuals. It is important that each of us work to improve relationships and maintain open lines of communication. All discussions should be approached from a positive perspective looking for a win-win solution and should be approached as a solution-based discussion.

CONCUSSION ALGORITHM:

[Concussion Fact Sheet](#)

COACHES INFORMATION AND SPORT WEBSITES

[Skyview Athletic Handbook - \(Updated 7/19/2024\)](#)

Football

[Football Website](#)

Head Coach - Jeremy Bridges
jlbridges14@yahoo.com

Volleyball

[Volleyball Website](#)

Head Coach - Paige Gower/Laurie Holgerson
paige.gower@d49.org
laurie.holgerson@d49.org

Cross Country

[Cross Country Website](#)

Head Coach - Tyler Verrill
tyler.verrill@d49.org

Wrestling

[Wrestling Website](#)

Head Coach - Jason Newberg
jason.newberg@d49.org

Girls Soccer

[Girls Soccer Website](#)

Head Coach - Kim Bluejacket/Paige Gower
kimberly.bluejacket@d49.org

paige.gower@d49.org

Girls Basketball

[Girls Basketball Website](#)

Head Coach - Gabe Gonzalez
vrhssoftball@d49.org

Boys Basketball

[Boys Basketball Website](#)

Head Coach - TBD
TBD

Softball

[Softball Website](#)

Head Coach - Kristin Krueger
kristin.krueger@d49.org

Track

[Track Website](#)

Head Coach - Tyler Verrill
tyler.verrill@d49.org

Boys Soccer

[Boys Soccer Website](#)

Head Coach - Kim Bluejacket/Paige Gower
kimberly.bluejacket@d49.org
paige.gower@d49.org

DISTRICT 49 ATHLETICS MIDDLE SCHOOL: ATHLETE-PARENT HANDBOOK

I/We acknowledge that we have received and read the District 49/Skyview Middle School Athletic Student-Parent Handbook.

I/We understand that the policies contained in this handbook are binding and the extent of the potential consequences of any violations by my child.

I/We acknowledge that we have viewed the D49 concussion algorithm.

Detach, sign, and return this form to your coach or building Athletic Director once you and your student have reviewed the information.

Print Student Name _____

Student Signature _____ Date _____

Parent or Guardian Signature _____ Date _____