**Please come prepared with the following:**

* a physical and your athlete registration completed prior to tryout date (contact the school office for details)
* knee pads
* athletic clothing
* athletic shoes
* plenty of water
* something to tie your hair back with if necessary.
* a great attitude
* ready to work!

We will be forming 3 teams this season! Please see the explanations below.

**C/Freshman team:** The C team will consist of Freshman only, or in certain circumstances sophomores.

**JV team:** The JV team will consist of Freshman and Sophomores and in certain circumstances Juniors.

**Varsity team:** The Varsity team will consist of the top 10 players in the gym judged during tryouts by evaluation ratings, coach’s impressions, and accuracy percentages during tryouts.

**Tips for tryouts:**

1. Coaches are looking for COACHABLE players. Be ready to hear feedback on performance and make necessary changes on the spot when able.
2. Coaches are looking for TEAM PLAYERS. Be the first to congratulate your teammates or pick them up when they are down. Encouragement and team mentality is key to building a strong Scorpions Volleyball program. Remember

**TEAM**

me

1. Coaches are evaluating athletes on the following and in this order of importance:
   1. Coachability
   2. Team Mentality
   3. Volleyball IQ
   4. Volleyball athleticism
   5. Ability to cope with adversity
   6. Overall athletic ability

**Options for those who do not make a team:**

* We will be making cuts accordingly beginning day 1 if needed. We will roster a maximum of 12 on C and JV teams and 10 on Varsity.
* Anyone who does not make the team is welcome to stay on as team managers. That responsibility would include assisting in practices, learning to line judge, learning to keep the scorebook, libero track, stats, and then completing those assignments during matches.