



Community Care

# Zone Report

**2023-2024  
2nd Quarter**

**Prepared By:  
D49 Community  
Care Team**



# 01 Wellness Summit

January 26, 2024 | 7:30 a.m. - 12:00p.m.  
VISTA RIDGE HIGH SCHOOL



Effective ways to support  
mental health & wellness in  
ourselves and in our community!



The 2024 Wellness Summit will wrap up with the most unique yoga you've ever experienced—Goat Yoga (yes, live animals will be onsite for yoga, fun and relaxation!).

Attendees must sign up for Goat Yoga separately.

Space is limited; reserve your spot for yoga here: [bit.ly/3RACZVu](https://bit.ly/3RACZVu)



**Break Out Sessions Addressing:**  
Supporting Dysregulated Learners, Executive Functioning,  
and Verbal De-escalation

Sessions align to CDE's Behavioral Health Requirement\*



D49 Coordinated  
School Employees



Charter and External  
Registrants



# Wellness Summit

# 02



## Session 1 Choices

### **"So You Think You're a Trusted Adult?": David Galvan**

Research has found that young people who have mentor-like relationships with trusted adults are more likely to complete the tasks they start, remain calm in the face of challenges, show interest in learning new things, and engage in activities at school. Trusted adults are people whose words and actions make young people feel safe – connected, heard, seen, and not judged. In this workshop, become more aware and prepared to be a Trusted and Supportive Adult.

### **"Alternative Healing": Ashlee Pape**

A healing sound bowl session offers body and mind relaxation and rejuvenation through sound vibrations. "Sound Baths" are where ancient healing traditions meet modern skills and knowledge. You will be immersed in healing frequencies of different sound bowls, and other instruments, while being guided through body mapping to release stress in your body. You will be provided with a pamphlet of how to use sound bowls within your classroom as well.

### **"Using Legos to Navigate the Affective Needs of Your Students": Rebecca McKinney & Kristen Heeres**

### **"Nurturing the Effective Needs of Boys Through Creative and Engaging Activities": Mark Hess**

We all understand what we have lost since the spring of 2020—the feelings of languishing and the emptiness of anticipatory grief. Let's help students (and ourselves) get found again.

As teachers, we seek to build connections and relationships, to encourage students to practice self-expression and individuality, to process moments of perfectionism in healthy ways, and to generate hope through creativity, metaphors, and interactive activities. In the meantime, let's deepen our own understanding of what it means to foster a classroom full of acceptance. The additional magic is that all of these renewed understandings are also standards-driven and part of a robust academic experience. Participants will receive four lessons/units that can foster growth in the classroom and are ready to use on Monday.

## Session 2 Choices

### **"Behavior Problems of Practice": Amber Brown**

Educators are invited to bring problems of practice for consultation. District Behavior Analysts will provide some quick review, and then facilitate problem solving with tabletop scenarios.

### **"So You Think You're a Trusted Adult?": David Galvan (Community Partner)**

Research has found that young people who have mentor-like relationships with trusted adults are more likely to complete the tasks they start, remain calm in the face of challenges, show interest in learning new things, and engage in activities at school. Trusted adults are people whose words and actions make young people feel safe – connected, heard, seen, and not judged. In this workshop, become more aware and prepared to be a Trusted and Supportive Adult.

### **"Meal Prep for Busy Educators": Stephanie Petersen**

Unlock the secret to stress-free weekdays with our Meal Prep Mastery for Educators course! Tailored for busy teachers, this course is packed with time-saving tricks, expert tips, and delicious recipes designed to make meal prep a breeze. From quick breakfast options to savory lunches and wholesome dinners, we've got your week covered. Embrace efficiency without compromising on flavor – join us on a journey to simplify your nutrition while excelling in your busy profession!

### **"Key Concepts of the Neurosequential Model in Education Framework": Paula Hergert**

The goal of NME is to equip teachers and other school staff with a strong frame that is biologically sound and relationally rich.

### **"Practical Wellness for Busy Professionals: Building a Foundation for Wellness": CharLynn Stegman and Sarah Rieves**

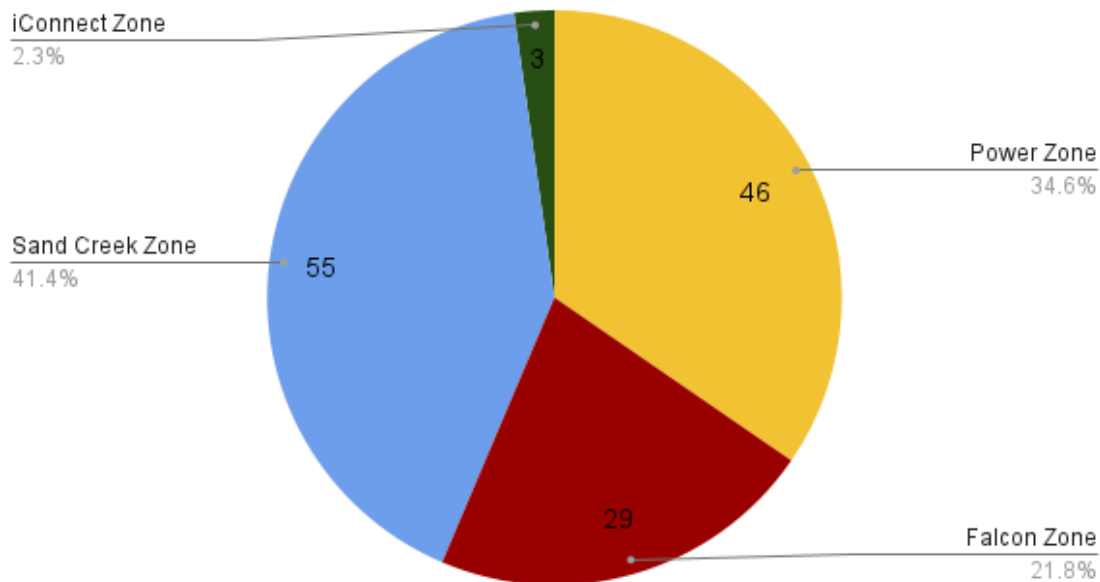
Participants will learn strategies to recognize and combat the daily stress and workload as a professional in education. This session will lay out practical steps for wellness routines and empower you to take meaningful steps toward a healthier you. Come ready to have a great time!

# 03

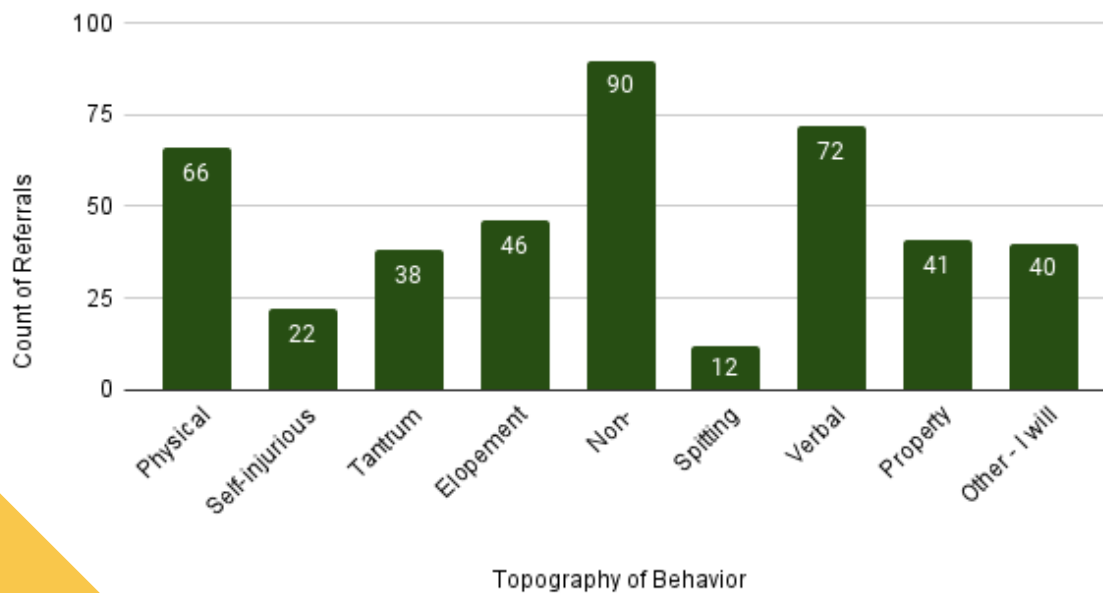
## District Behavior Analyst Team Data

2ND QUARTER

DBA Referrals By Zone



Behaviors Supported Through Referrals





# Functional Communication Training

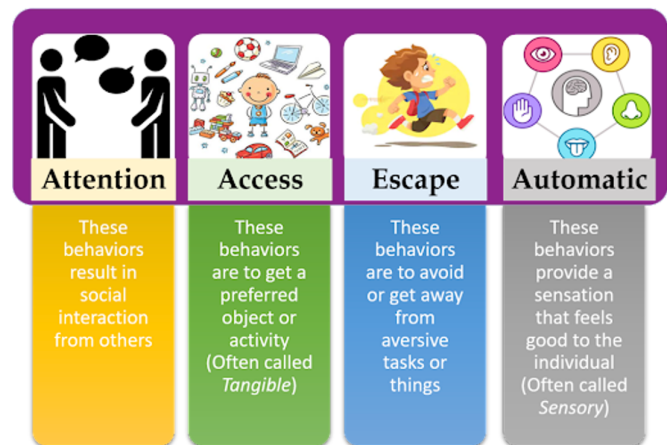
04

## 2ND QUARTER

**Tessa Flahive-Foro, BCBA, District Behavior Analyst**

Babies cry in order to get a need met because they do not have the skills to communicate what they need. The same goes for students that are engaging in negative behaviors. They engage in these behaviors because they do not have the skills to communicate what they need. We do not learn to read without out someone teaching us. The same goes for behavior and therefore we need to teach the student how to communicate.

Functional Communication Training is teaching the student a replacement behavior for engaging in a behavior. There are four functions of behavior including access to something, escape from an aversive stimulus, attention, and sensory. Based on the function you can teach communication.



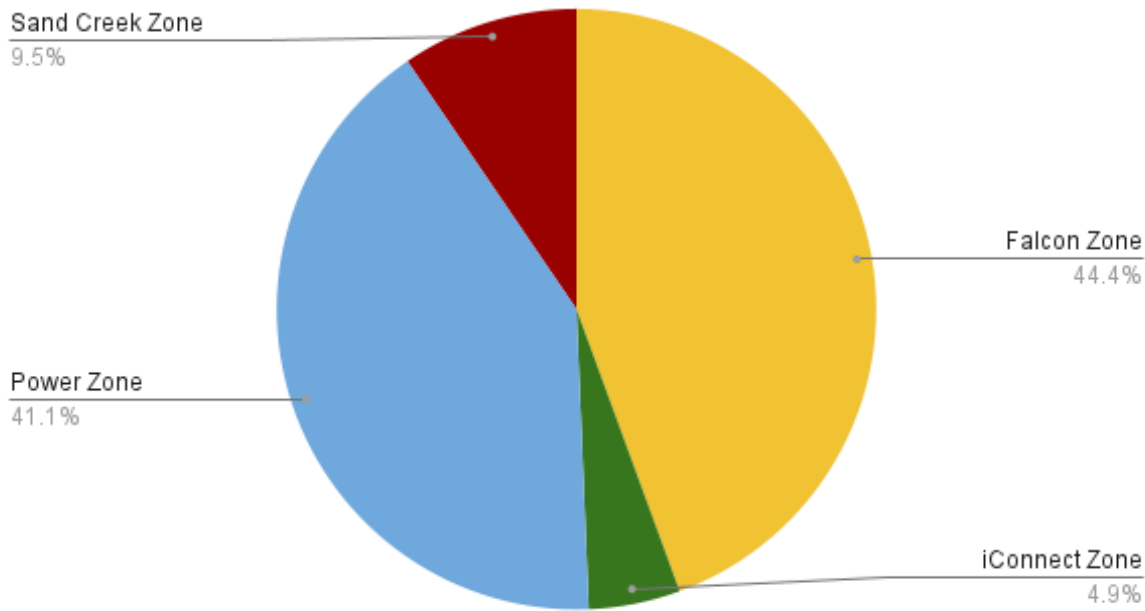
Trigger	Behavior	Behavior Function	Examples of Functionally Equivalent Phrases to Teach
Student is given the direction to do their work.	Student throws the pencil at you and runs away.	Escape	Can I do it later? Can I have a break? Can you help me?
Student wants the tablet when you pick it up off the table, but cannot speak	Student tries to grab and pinch you	Access to Tangibles	Pointing to the item Can I have that? Can I have a turn? I want that.
Student is in a loud environment	Student starts stimming	Automatic	Can I have headphones? Can I leave? It is too loud
Teacher asks a question to class	Student blurts out and yells the answer	Attention	Raising hand

# 05

## Community Engagement Advocates Data

### 2ND QUARTER

CEA Referrals by Zone



Month	# Of Referrals	# Of Closed Referrals	# Closed in 10 Days or Less	% Closed in 10 Days or Less
<b>Totals:</b>	<b>310</b>	<b>300</b>	<b>277</b>	<b>93%</b>
Dec 2023	17	15	15	100%
Nov 2023	65	57	53	93%
Oct 2023	48	48	42	88%
Sep 2023	101	101	91	90%
Aug 2023	79	79	76	96%

# We Fortify Tiny Home Villages

# 06

## 2ND QUARTER

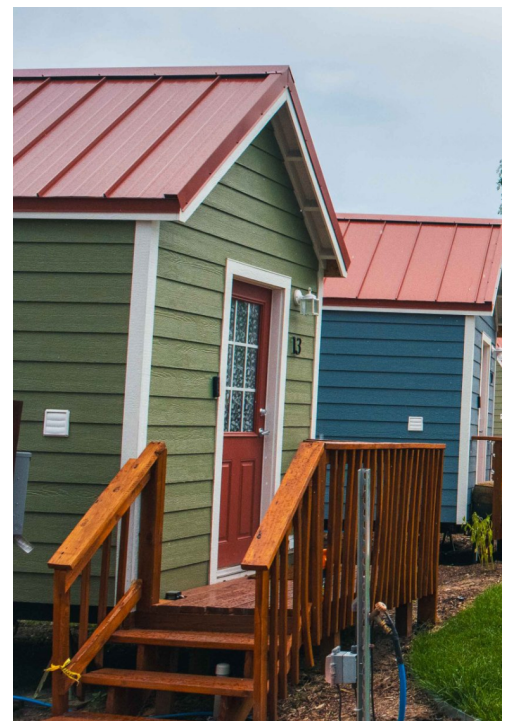


We Fortify is a 501(c)3 that exists to pivot people out of poverty and into a state of economic and emotional stability and social connectedness.

We Fortify does this by implementing four integrated strategies within a centralized environment:

1. Safe dignified housing within a small supportive community
2. Consistent individualized trauma-responsive therapies
3. Life skills education
4. Living wage training and career placement

Working Fusion is our first community and it is a tiny home village. It is for young adults between the ages of 18-25 who are housing insecure. Because this is a programmed community, the individual must be willing to meet with us weekly, work on any trauma they may have experienced, and create an empowerment plan that they can actively pursue. The rent is \$600.00 per month and they sign a 2 year lease.



### Home Page

We Fortify's Working Fusion at Mill Street exists to pivot young adults out of poverty into a state of economic and emotional stability and social...

 Working Fusion At Mill Street /



# 07

## High Impact Behavior Trainings

**CLICK THE LINK ON THE TITLE TO REGISTER IN AHA!**

### January 12, 2024

Bennett Ranch Elementary- Annex in Multipurpose Room 2061

- Why Behind Behavior
  - 8:00-9:30am
- Trauma
  - 10:00-11:00am
- Tiered Support for High Impact Behavior
  - 12:00-1:30pm
- Shifting Into Gear: A Systems Approach to Increased Engagement
  - 1:45-3:15pm

### January 26, 2024

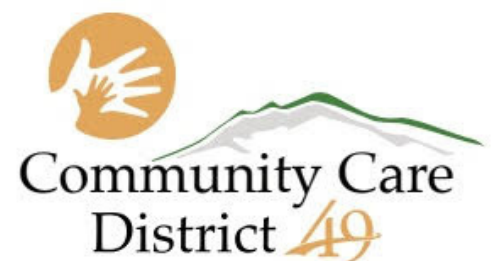
Wellness Summit

- Behavior Problems of Practice
  - 10:45-11:45am (VRHS)
- Behavior Cohort
  - 8:00-9:00am (Zoom)

### February 26, 2024

Creekside Success Center

- Trauma: 8:00-9:00am
- Behavior Cohort: 8:00-9:00am (Online)
- Adult Impact on Behavior: 8:00-9:30am
- Tiered Support for High Impact Behavior: 10:00-11:30am
- Shifting Into Gear: A Systems Approach to Increased Engagement 10:00-11:30am & 1:00-2:30pm
- Love & Logic in the Classroom: 1:00-2:30pm





# CCT Training Opportunities 08

**Please let us know if you would like any trainings to support student behaviors this school year! We would love to continue to partner with all buildings and staff!**

## TRAININGS AVAILABLE

- ABC Data Collection
- Antecedent Strategies
- Applied Behavior Analysis
- Behavior 101
- Behavior Teaching Strategies
- BIPs & Escalation Cycle Management Plans
- Building Relationships
- Class-wide Reinforcement Systems
- Classroom Management Strategies
- Contracts (Student)
- Counselor Behavior Training
- Data Collection
- Discrete Trial Training (DTT), Errorless Learning, & Reinforcement
- Early Childhood Behavior Training
- Functions of Behavior/Functional Behavior Assessments
- Group Contingencies
- Guest Teacher Behavior Training
- Paraprofessional Behavior Training
- QPR Suicide Prevention
- Reinforcement & Punishment
- Social Stories
- Teaching Replacement Behaviors
- Token Boards
- Visual Schedules
- K-2 Behavior Interventions
- 3-5th Grade Behavior Interventions
- Secondary Behavior Interventions
- Secondary Absenteeism & Truancy
- Verbal De-escalation Strategies

***We would be happy to put together a specific training based on your needs!***

**IF YOU WOULD LIKE TO GET A  
TRAINING ON THE CALENDAR  
FOR NEXT SCHOOL YEAR,  
PLEASE FILL OUT OUR TRAINING REQUEST FORM!**

**<https://forms.gle/hXkaDVf4DxjCehBa6>**

# 09

## Community Care Team

### COMMUNITY ENGAGEMENT ADVOCATES (CEA)

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### COORDINATOR OF COMMUNITY CARE

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### MILITARY STUDENT TRANSITION CONSULTANT (MSTC)

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### District Behavior Analysts (DBA)

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### Behavior Support Technicians (BST)

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Brandi Pry

Samuel Freeman

Samantha Suggs

Nicole Davis

